



LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
8.00-9.00 CROSSFIT			8.00-9.00 CROSSFIT		
9.00-10.00 PILATES		9.00-10.00 PILATES			
					10.00-11.00 CROSSFIT
12.15-13.15 CROSSFIT	12.45-13.45 CROSSFIT	12.15-13.15 CROSSFIT	12.45-13.45 CROSSFIT	12.15-13.15 CROSSFIT	
13.15-14.15 CROSSFIT		13.15-14.15 CROSSFIT		13.15-14.15 CROSSFIT	
17.00-18.00 CROSSFIT	17.00-18.00 CROSSFIT KIDS		17.00-18.00 CROSSFIT KIDS	17.00-18.00 CROSSFIT	
18.00-19.00 CROSSFIT	18.00-19.00 CROSSFIT	18.00-19.00 CROSSFIT	18.00-19.00 CROSSFIT	18.00-19.00 CROSSFIT	
19.00-20.00 CROSSFIT	19.00-20.00 CROSSFIT	19.00-20.00 CROSSFIT	19.00-20.00 CROSSFIT	19.00-20.00 PILATES	
20.00-21.00 CROSSFIT	20.00-21.00 ON RAMP	20.00-21.00 CROSSFIT	20.00-21.00 CROSSFIT	20.00-21.00 ON RAMP	

GLI ORARI POTRANNO SUBIRE VARIAZIONI DURANTE LA STAGIONE

